Vitamins are always appreciated around the Cataldo house, and the Gold Emblem Abound line of nut bars are tasty, rivaling pricier brands like Kind.

I think I would try to get the information to those people, even if I wasn’t quite ballsy enough to go to Le

A BMI of 25 to 29.9 indicates a person is overweight, and a person with a BMI of greater than 30 is considered obese, and in need of assistance.

There were over 8.2 million Americans in June who reported being part-time for economic reasons best